

## FATMIRE

Fatmire moved to London from Albania, settling in the Borough 17 years ago. Although she considers herself lucky to live in the area, she has been faced with tough challenges over the years.

She met Zahra from the Women's Association when her son was involved in accident which resulted in permanent disability. At that moment of extreme difficulty she found the support she needed at the centre. Volunteers would come to visit her son and help her filling out forms and communicating with the local authorities. Fatmire recounts how she felt she was able to help her family in this way. The leaflets and information shared by the Association encouraged her to step out of her house and meet other women. She now enjoys having a chance to speak in English at the centre and joining their activities. This opportunity to talk to others has made all the difference in Fatmire's life.

*“I think the best aspect of the Women's Association is the moments of eating and talking together with the families, who often have difficult situations at home.”*

*“A lot of things have improved in my life, including my health and wellbeing. The centre helps to connect with the community and with other women.”*