

FATUN

Fatun has been part of the Women's Association since 2004. She is originally from Somalia and when she arrived in Barking that year she couldn't speak English.

At the beginning she felt scared about getting a job and she couldn't work because of the language. Little by little the centre became the place she would refer to for any advice. She joined the meetings to learn English and understand how society works in the UK. She talks about how she enjoys seeing the fundamental help that the different communities of Barking and Dagenham receive from the centre.

Fatun describes how she feels at home in this community now, being able to meet other women and making friends. She says she was most happy when she got her Health Service qualification at the Association, and she will never thank the team enough for their work.

“My English and also my confidence have improved since I joined the centre. I can talk easily now and I don't feel shy as before... It's good to push yourself, the centre has made me realise I can do anything.”