

## HALIMA

Halima is ready to share how so many things changed for the better in her life since she met the team of the Somali Women's Association. Over the last five years, she was relieved to see she could get help any time she needed at the centre. She suggests that the most important quality of this place is the staff's ability to prevent any problem, especially concerning people's living situations. She remembers how her pension was delayed for a time, leaving her with no resources; the volunteers comforted her and were able to sort out the issue for her.

Halima thinks that Association's location is also very important. Being at the centre of Barking, near the shops, the facilities and the station, the Women's Association is at the heart of the community. She now wants to focus more on her English skills, which have already improved massively thanks to the course she's taking at the centre.

*“A lot of things have improved in my life, including my health and wellbeing. The centre helps to connect with the community and with other women.”*