

MISKI

Miski is a young energetic woman, she arrived in the UK from Somalia. She has lived in the area of Barking and Dagenham since 2008 and she was happy to find out about the Somali Women's Association straight after.

Over time, Miski has been involved in several activities at the centre, volunteering as well as attending the English language course and training experience. Since joining this place her life has changed radically. When she arrived in the area she couldn't speak the language, she felt disoriented and lonely.

The volunteers at the centre helped her to navigate society in the UK, offering fundamental help in daily issues as well as comfort and understanding. She believes the Association has built her self-confidence, encouraging her to feel at ease in the world outside. Thanks to their support, Miski has now found a job as carer.

She feels aware of her skills and empowered. She is very grateful to the team and she likes coming back to the centre to share her experience.

“The Somali Women's Association helps a lot of people in the Borough of Barking and Dagenham. Often these people don't know where to start from... The centre is a place not only for the Somali community, people from all cultures come to share their problems here.”